

## VCCL Results - Sean Quilty

Member number: 26

Races: 216; Wins: 8 (3.7%); Top Ten: 85 (39.4%)

Active from 2007 to 2019

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
22/04/2007	Fred Grubb Memorial Handicap	56	6.5	35:07	2	0:25		34:42	13:47	5:24
29/04/2007	Moran Stable Handicap	61	5	22:56	2	0:15		22:41	7:27	4:35
06/05/2007	Rendina Family Handicap	18	8	27:45	2	0:30		27:15	2:05	3:28
12/05/2007	Helmut & Maija Prentler Handicap	15	8	27:12	2	0:30		26:42	1:33	3:24
20/05/2007	Caruana Cross Country Classic	32	8	28:23	2	0:30		27:53	2:02	3:33
27/05/2007	Combined VCCL/GCCL Handicap	7	10	34:16	2	0:35		33:41	0:38	3:26
03/06/2007	VCCL Bob Charlton Handicap	9	6.5	21:49	2	0:25		21:24	1:04	3:21
09/06/2007	Boutique FPS Handicap	13	5	16:07	2	0:15		15:52	0:41	3:13
17/06/2007	31st Anniversary Bob Cook Memorial Handicap	5	10	34:54	3	0:55		33:59	0:23	3:29
24/06/2007	RetireInvest Eaglehawk to Bendigo Handicap	16	6.5	21:08	4	0:50		20:18	1:17	3:15
01/07/2007	VCCL 5km Handicap	5	5	16:15	4	0:35		15:40	0:37	3:15
08/07/2007	34th Annual Murchison Handicap	11	10	33:19	4	1:15		32:04	2:30	3:20
15/07/2007	Eric Greaves Memorial Handicap	11	10	34:23	4	1:15		33:08	0:58	3:26
22/07/2007	Hash House Harriers HHH Handicap	5	8	26:26	5	1:15		25:11	0:40	3:18
29/07/2007	Independent Signs Handicap	2	10	34:42	5	1:30		33:12	0:22	3:28
05/08/2007	VCCL John Cleland Handicap	9	8	26:29	5	1:15		25:14	1:29	3:19
12/08/2007	George Perdon Handicap	1	16.09	54:13	5	2:30		51:43	0:00	3:22
19/08/2007	Pinnacle Print Group Handicap	17	8	27:51	3	0:45		27:06	1:11	3:29
09/09/2007	16th Annual VCCL Social Club Handicap	16	6.5	21:55	3	0:35		21:20	0:49	3:22
16/09/2007	42nd Annual Norm Charles Handicap	17	10	35:09	4	1:15		33:54	2:20	3:31
23/09/2007	President's Handicap	15	6.5	22:27	4	0:50		21:37	0:44	3:27
30/09/2007	Westgate Bridge Memorial Handicap	27	5	16:48	4	0:35		16:13	2:04	3:22
06/04/2008	Fred Grubb Memorial Handicap	4	6.5	22:07	4	0:50		21:17	1:04	3:24
13/04/2008	Moran Stable Handicap	11	5	16:42	4	0:35		16:07	0:39	3:20
20/04/2008	Rendina Family Handicap	5	8	26:54	4	1:00		25:54	1:06	3:22
27/04/2008	Helmut & Maija Prentler Handicap	15	8	26:45	4	1:00		25:45	1:21	3:21
04/05/2008	17th Annual Social Club Handicap	2	6.5	22:06	5	1:00		21:06	0:01	3:24
18/05/2008	Combined VCCL/GCCC Handicap	8	10	34:22	5	1:30		32:52	1:41	3:26
25/05/2008	Caruana Cross Country Classic	8	8	27:10	5	1:15		25:55	1:53	3:24
01/06/2008	VCCL Ted Paulin Handicap	22	8	26:50	5	1:15		25:35	1:19	3:21
15/06/2008	32nd Annual Bob Cook Memorial Sealed Handicap	1	10	35:15	6	1:50		33:25	0:00	3:32
22/06/2008	Retire Invest Eaglehawk to Bendigo	31	6.5	21:54	4	0:50		21:04	1:37	3:22
29/06/2008	Hash House Harriers HHH Handicap	17	8	26:48	3	0:45		26:03	1:30	3:21
06/07/2008	VCCL 5km Handicap	22	5	17:33	3	0:25		17:08	1:20	3:31
13/07/2008	35th Annual Murchison Handicap	14	10	33:43	4	1:15		32:28	1:28	3:22
20/07/2008	Eric Greaves Memorial Handicap	19	10	35:22	4	1:15		34:07	2:11	3:32
03/08/2008	43rd Annual Norm Charles Handicap	6	10	34:04	6	1:50		32:14	1:10	3:24
10/08/2008	Pinnacle Print Group Handicap	6	8	29:37	5	1:15		28:22	0:53	3:42
17/08/2008	George Perdon Handicap	9	16.09	55:52	5	2:30		53:22	2:48	3:28
24/08/2008	VCCL 75th Anniversary Classic Handicap	15	6.5	22:02	6	1:10		20:52	0:51	3:23
31/08/2008	Independant Signs Handicap	2	10	34:43	6	1:50		32:53	0:15	3:28
14/09/2008	Westgate Bridge Memorial Handicap	9	5	16:20	6	0:55		15:25	0:34	3:16
21/09/2008	President's Handicap	29	6.5	23:41	6	1:10		22:31	2:00	3:39
26/04/2009	Fred Grubb Memorial Handicap	36	6.5	24:39	6	1:10		23:29	3:11	3:48

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
03/05/2009	25th Helmut & Maija Prentler 8000m Handicap	12	8	27:27	6	1:30		25:57	0:59	3:26
09/05/2009	Moran Stable Handicap	17	5	16:23	6	0:55		15:28	1:51	3:17
17/05/2009	Rendina Family Handicap	9	8	27:27	6	1:30		25:57	1:06	3:26
24/05/2009	Combined VCCL/GCCL Handicap	15	10	36:25	6	1:50		34:35	2:49	3:39
31/05/2009	Caruana Cross Country Classic	20	8	27:51	6	1:30		26:21	1:35	3:29
06/06/2009	Boutique FPS Handicap	9	5	16:46	7	1:00		15:46	0:25	3:21
14/06/2009	Hash House Harriers HHH Handicap	7	8	26:49	7	1:45		25:04	0:48	3:21
21/06/2009	18th Annual VCCL Social Club Handicap	11	6.5	22:41	7	1:25		21:16	1:06	3:29
28/06/2009	RetireInvest Eaglehawk to Bendigo Handicap	5	6.5	20:43	8	1:35		19:08	0:32	3:11
05/07/2009	33rd Anniversary Bob Cook Memorial Handicap	6	10	35:09	7	2:05		33:04	0:37	3:31
12/07/2009	36th Annual Murchison Handicap	15	10	34:32	8	2:25		32:07	1:42	3:27
19/07/2009	VCCL 'Ted Connell' 5k Legend Handicap	10	5	17:06	8	1:00		16:06	0:38	3:25
26/07/2009	Eric Greaves Memorial Handicap	13	10	35:16	8	2:25		32:51	1:06	3:32
02/08/2009	VCCL 'Joe Caruana' 8K Legend Handicap	5	8	26:58	8	2:00		24:58	0:17	3:22
09/08/2009	44th Annual Norm Charles Handicap	1	10	32:58	8	2:25		30:33	0:00	3:18
16/08/2009	Coburg Lake 6.5K Handicap	6	6.5	21:19	3	0:35		20:44	0:32	3:17
23/08/2009	Pinnacle Print Group Handicap	3	8	26:27	3	0:45		25:42	0:36	3:18
13/09/2009	Independent Signs Handicap	1	10	33:37	3	0:55		32:42	0:00	3:22
20/09/2009	President's Handicap	20	6.5	21:59	0	0:00		21:59	2:09	3:23
02/05/2010	Fred Grubb Memorial Handicap	22	6.5	21:21	0	0:00		21:21	1:58	3:17
08/05/2010	Moran Stable Handicap	27	5	15:47	0	0:00		15:47	1:27	3:09
16/05/2010	Rendina Family Handicap	30	8	27:05	1	0:15		26:50	2:40	3:23
23/05/2010	Combined VCCL/GCCC Handicap	14	10	34:16	2	0:35		33:41	1:55	3:26
30/05/2010	Caruana Cross Country Classic	14	8	27:11	3	0:45		26:26	1:25	3:24
06/06/2010	34th Annual Bob Cook Memorial Sealed Handicap	12	10	35:47	3	0:55		34:52	1:42	3:35
12/06/2010	Boutique FPS Handicap	23	5	16:01	3	0:30		15:31	0:58	3:12
20/06/2010	Retireinvest Eaglehawk to Bendigo Handicap	34	6.5	20:52	4	0:50		20:02	2:36	3:13
27/06/2010	Helmut & Maija Prentler Handicap	27	8	27:25	4	1:00		26:25	3:56	3:26
04/07/2010	Independent Signs Handicap	21	10	34:34	4	1:10		33:24	2:13	3:27
11/07/2010	37th Annual Murchison Handicap	23	10	33:46	5	1:30		32:16	2:34	3:23
18/07/2010	VCCL 5x3km Relay Challenge	29	3	10:07	5	0:30		9:37	1:05	3:22
25/07/2010	Eric Greaves Memorial Handicap	18	10	34:27	5	1:30		32:57	1:50	3:27
01/08/2010	VCCL Roy McKenzie Legend Handicap	17	5	16:25	6	0:55		15:30	1:20	3:17
08/08/2010	45th Annual Norm Charles Handicap	8	10	33:50	7	2:10		31:40	1:09	3:23
15/08/2010	George Perdon Handicap	10	16.09	58:19	6	3:00		55:19	2:59	3:37
22/08/2010	Hash House Harriers Handicap	19	8	26:55	6	1:30		25:25	2:20	3:22
29/08/2010	Swann Electronics Handicap	6	8	27:24	7	1:45		25:39	1:05	3:26
04/09/2010	Coburg Lake Handicap	15	6.5	22:04	7	1:25		20:39	1:08	3:24
12/09/2010	Westgate Bridge Memorial Handicap	20	5	16:50	8	1:15		15:35	0:48	3:22
19/09/2010	President's Handicap	3	6.5	22:02	8	1:35		20:27	1:03	3:23
22/04/2012	Moran Stable Sealed Handicap	41	6.5	28:02	6	1:10		26:52	7:12	4:19
29/04/2012	Fred Grubb Memorial Handicap	31	6.5	25:33	6	1:10		24:23	5:00	3:56
06/05/2012	Rendina Family Handicap	40	8	30:35	6	1:30		29:05	5:15	3:49
20/05/2012	Caruana Classic Handicap	52	8	30:01	7	1:45		28:16	4:04	3:45
27/05/2012	Helmut & Maija Prentler Handicap	24	8	29:59	7	1:45		28:14	3:14	3:45

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
03/06/2012											

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
	VCCL 5x3km Relay Challenge									

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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50

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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3

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
				11:02							

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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7



## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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0:42

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km	Rate
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10:20

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
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1:21

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
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3:41

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
09/06/2012	Family Feud Sealed Handicap	18	5	17:27	8	1:15		16:12	2:02	3:29
17/06/2012	Eaglehawk To Bendigo Handicap	40	6.4	22:53	9	1:50		21:03	2:43	3:35
24/06/2012	Independent Signs Handicap	10	10	36:56	9	2:45		34:11	1:43	3:42
01/07/2012	Yvonne Callaghan Handicap	19	5	17:36	9	1:25		16:11	2:02	3:31
08/07/2012	39th Murchison Handicap	28	10	37:42	10	3:00		34:42	4:30	3:46
22/07/2012	47th Norm Charles Handicap	26	10	39:28	12	3:40		35:48	5:29	3:57
29/07/2012	14th Eric Greaves Memorial Handicap	27	10	51:41	12	3:40		48:01	16:26	5:10
26/08/2012	Westgate Bridge Memorial Handicap	36	5	29:11	12	1:50		27:21	12:48	5:50
21/04/2013	Moran Stable Handicap	48	5	20:49	12	2:00		18:49	4:43	4:10
28/04/2013	Helmut & Maija Prentler Handicap	30	8	33:05	12	3:00		30:05	4:39	4:08
05/05/2013	18th Caruana Cross Country Classic	59	8	33:15	12	3:00		30:15	6:01	4:09
19/05/2013	24th Rendina Family Handicap	47	8	33:12	12	3:00		30:12	5:42	4:09
02/06/2013	Family Feud Handicap	39	5	19:39	12	1:50		17:49	3:03	3:56
16/06/2013	Flack Advisory Eaglehawk to Bendigo	57	6.4	24:43	12	2:25		22:18	3:23	3:52
23/06/2013	20th Independent Signs Handicap	30	10	39:13	13	3:55		35:18	4:08	3:55
30/06/2013	Jim McLure Legend Handicap	35	5	18:23	13	2:00		16:23	2:26	3:41
07/07/2013	40th Murchison Handicap	32	10	37:33	13	3:55		33:38	3:46	3:45
14/07/2013	Churchill Park Handicap	22	6.5	25:07	13	2:35		22:32	1:51	3:52
21/07/2013	15th Eric Greaves Memorial	29	10	39:43	13	3:55		35:48	3:42	3:58
28/07/2013	Jayen Engineers Woodlands Classic	28	5	18:14	14	2:10		16:04	1:26	3:39
04/08/2013	18th George Perdon Handicap	22	16.09	1:02:43	14	7:00		55:43	3:12	3:54
11/08/2013	Parks Victoria Handicap	15	8	29:34	14	3:30		26:04	0:40	3:42
18/08/2013	2nd Kyneton Ridge Estate Winery	7	6.5	23:48	14	2:50		20:58	0:33	3:40
25/08/2013	14th Westgate Bridge Handicap	3	5	17:25	14	2:10		15:15	0:35	3:29
08/09/2013	48th Norm Charles Handicap	6	10	35:33	14	4:15		31:18	2:31	3:33
15/09/2013	President's Handicap	9	6.5	24:03	14	2:50		21:13	1:03	3:42
04/05/2014	Fred Grubb & Bob Charlton Memorial	5	6.5	23:13	14	2:50		20:23	0:46	3:34
18/05/2014	Moran Stable Handicap	9	5	17:19	14	2:10		15:09	0:18	3:28
25/05/2014	25th Rendina Family Handicap	11	8	29:02	14	3:30		25:32	0:45	3:38
08/06/2014	Family Feud Sealed Handicap	19	5	17:47	14	2:10		15:37	1:06	3:33
15/06/2014	Flack Advisory Winter Classic	23	6.4	23:14	14	2:50		20:24	1:28	3:38
22/06/2014	5th 5x3km Relay Challenge	26	3	10:50	14	1:24		9:26	0:39	3:37
29/06/2014	21st Independent Signs Handicap	7	10	36:45	14	4:15		32:30	1:15	3:41
06/07/2014	Austbrokers Phillips Handicap	11	8	29:27	15	3:45		25:42	0:42	3:41
13/07/2014	Myrniong Handicap	4	6.5	23:49	15	3:00		20:49	0:21	3:40
20/07/2014	16th Eric Greaves Memorial	3	10	36:12	15	4:35		31:37	0:25	3:37
27/07/2014	30th Helmut & Maija Prentler Handicap	4	6.5	23:47	15	3:00		20:47	0:42	3:40
03/08/2014	2nd Jayen Engineers Handicap	10	5	17:00	15	2:15		14:45	0:26	3:24
10/08/2014	19th George Perdon Handicap	3	16.09	1:00:04	15	7:30		52:34	0:21	3:44
17/08/2014	15th Westgate Bridge Handicap	6	5	17:12	15	2:15		14:57	0:18	3:26
24/08/2014	Ray O'Connor Legend Handicap	3	5	17:01	15	2:15		14:46	0:21	3:24
31/08/2014	49th Norm Charles Handicap	1	10	35:58	15	4:35		31:23	0:00	3:36
14/09/2014	3rd Kyneton Ridge Estate Handicap	23	6.5	24:08	8	1:35		22:33	2:28	3:43
21/09/2014	Presidents & Ted Paulin Handicap	27	6.5	24:19	8	1:35		22:44	2:32	3:44
19/04/2015	Fred Grubb & Bob Charlton Memorial	21	6.5	23:10	9	1:50		21:20	1:32	3:34
26/04/2015	Moran Stable Handicap	24	5	17:20	9	1:25		15:55	1:35	3:28
03/05/2015	26th Rendina Family Handicap	23	8	28:50	9	2:15		26:35	2:04	3:36
17/05/2015	20th Caruana Cross Country Classic	32	8	30:40	10	2:30		28:10	3:24	3:50
24/05/2015	6th 5x3km Relay Challenge	33	3	10:28	10	1:00		9:28	1:40	3:29

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
31/05/2015	Austbrokers Phillips Handicap	22	8	30:00	10	2:30		27:30	3:01	3:45
07/06/2015	Family Feud Sealed Handicap	26	5	17:29	10	1:30		15:59	1:15	3:30
14/06/2015	Flack Advisory Winter Classic	23	6.4	24:04	11	2:10		21:54	2:22	3:46
19/07/2015	17th Eric Greaves Memorial	34	10	44:34	11	3:20		41:14	10:09	4:27
26/07/2015	3rd Jayen Engineers Handicap	37	5	20:18	11	1:40		18:38	3:54	4:04
02/08/2015	20th George Perdon Handicap	26	16.09	1:12:07	12	6:00		1:06:07	14:36	4:29
16/08/2015	31st Helmut & Maija Prentler Handicap	30	6.5	25:36	12	2:25		23:11	2:58	3:56
23/08/2015	VCCL Legends Handicap	28	5	18:45	12	1:50		16:55	2:25	3:45
30/08/2015	50th Norm Charles Handicap	35	10	39:32	13	4:00		35:32	5:53	3:57
13/09/2015	4th Kyneton Ridge Estate Handicap	19	6.5	26:02	13	2:35		23:27	3:18	4:00
20/09/2015	Presidents & Ted Paulin Handicap	11	6.5	25:15	13	2:35		22:40	1:12	3:53
17/04/2016	Fred Grubb & Bob Charlton Memorial	6	6.5	24:04	13	2:35		21:29	1:01	3:42
24/04/2016	Moran Stable Handicap	13	5	17:31	13	2:00		15:31	1:14	3:30
01/05/2016	27th Rendina Family Handicap	14	8	29:44	14	3:30		26:14	1:34	3:43
29/05/2016	AB Phillips Handicap	15	6.5	25:37	14	2:50		22:47	1:40	3:56
05/06/2016	21st Caruana Cross Country Classic	17	8	30:00	14	3:30		26:30	2:15	3:45
19/06/2016	17th Westgate Bridge Handicap	9	5	17:31	14	2:10		15:21	0:45	3:30
26/06/2016	23rd Woodlands Handicap	9	10	37:16	14	4:15		33:01	1:49	3:44
10/07/2016	32nd Helmut & Maija Prentler Handicap	11	5	18:10	14	2:10		16:00	0:55	3:38
24/07/2016	18th Eric Greaves Memorial Handicap	4	10	36:51	15	4:35		32:16	1:05	3:41
31/07/2016	Nortons Park Park Handicap	3	6.5	24:40	15	3:00		21:40	0:14	3:48
07/08/2016	Jells Park Handicap	5	5	17:29	15	2:15		15:14	0:16	3:30
21/08/2016	21st George Perdon Handicap	5	16.09	1:01:31	15	7:30		54:01	1:40	3:49
28/08/2016	5th Kyneton Ridge Estate Handicap	4	6.5	23:34	15	3:00		20:34	0:54	3:38
18/09/2016	Presidents & Ted Paulin Handicap	23	3	12:48	16	1:36		11:12	3:16	4:16
30/04/2017	Fred Grubb & Bob Charlton Memorial	7	6.5	26:07	16	3:10		22:57	1:54	4:01
06/05/2017	28th Rendina Family Handicap	7	8	29:56	16	4:00		25:56	1:40	3:45
14/05/2017	Brimbank Handicap	22	5	20:44	16	2:25		18:19	2:46	4:09
20/05/2017	Moran Stable Handicap	6	5	17:42	16	2:25		15:17	0:29	3:32
04/06/2017	22nd Caruana Cross Country Classic	8	8	29:36	16	4:00		25:36	1:00	3:42
11/06/2017	18th Westgate Bridge Handicap	4	5	18:06	17	2:35		15:31	0:23	3:37
24/06/2017	Yarra Bend Handicap	4	8	30:10	17	4:15		25:55	1:19	3:46
01/07/2017	AB Phillips Handicap	5	6.5	23:35	17	3:25		20:10	0:53	3:38
16/07/2017	AV 10km Road Race	11	10	37:11	17	5:10		32:01	1:48	3:43
29/07/2017	AV 15km Road Race	3	15	57:21	17	8:00		49:21	0:52	3:49
06/08/2017	19th Eric Greaves Memorial Handicap	5	10	38:10	17	5:10		33:00	1:12	3:49
19/08/2017	Jells Park Handicap	4	5	17:48	18	2:45		15:03	1:14	3:34
27/08/2017	33rd Helmut & Maija Prentler Handicap	3	6.5	24:25	18	3:35		20:50	0:28	3:45
10/09/2017	Presidents & Ted Paulin Handicap	13	3	10:46	18	1:48		8:58	0:56	3:35
15/04/2018	Jells Park Sealed Handicap	3	6.5	23:38	18	3:35		20:03	0:52	3:38
21/04/2018	AV Cross Country Relays	1	6	20:49	18	3:20		17:29	0:00	3:28
28/04/2018	parkrun	3	5	17:09	15	2:15	0:30	14:24	0:19	3:26
05/05/2018	AV Cross Country	4	8	29:57	15	3:45		26:12	0:34	3:45
12/05/2018	parkrun	4	5	17:42	15	2:15	0:40	14:47	1:21	3:32
20/05/2018	Rendina Classic Handicap	1	8	28:48	17	4:15		24:33	0:00	3:36
26/05/2018	AV Cross Country	1	12	43:28	13	4:55		38:33	0:00	3:37
02/06/2018	parkrun	11	5	17:13	10	1:30	0:20	15:23	1:19	3:27
10/06/2018	Caruana Classic Handicap	18	8	29:06	12	3:00		26:06	2:02	3:38
16/06/2018	AV Cross Country	11	10	36:06	10	3:00		33:06	2:29	3:37

## VCCL Results - Sean Quilty

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
23/06/2018	parkrun	21	5	18:01	10	1:30	0:30	16:01	2:01	3:36
07/07/2018	AV Road Relays	16	3.1	10:37	11	1:08		9:29	1:15	3:25
15/07/2018	Braeside Handicap	12	10	37:16	12	3:40		33:36	2:49	3:44
22/07/2018	AV Road Race	17	10	36:35	11	3:20		33:15	4:22	3:40
04/08/2018	AV Road Race	10	15	1:00:11	12	5:40		54:31	6:56	4:01
11/08/2018	parkrun	15	5	18:46	12	1:50	0:30	16:26	2:10	3:45
18/08/2018	parkrun	11	5	17:38	13	2:00	0:30	15:08	0:58	3:32
25/08/2018	parkrun	12	5	18:45	13	2:00	0:40	16:05	2:11	3:45
02/09/2018	AV Road Race	8	21.1	1:24:03	13	8:35		1:15:28	6:41	3:59
08/09/2018	parkrun	13	5	17:51	14	2:10	0:20	15:21	1:10	3:34
04/05/2019	AV Cross Country Relays	11	6	21:44	14	2:35		19:09	1:30	3:37
12/05/2019	Jells Park Sealed Handicap	10	6.5	23:29	14	2:50		20:39	1:32	3:37
18/05/2019	parkrun	12	5	18:25	14	2:10	0:15	16:00	1:21	3:41
26/05/2019	Rendina Classic Handicap	9	5	17:52	15	2:15		15:37	0:54	3:34
01/06/2019	AV Cross Country	9	8	31:16	15	3:45		27:31	1:26	3:55
08/06/2019	parkrun	13	5	18:37	15	2:15	0:00	16:22	1:43	3:43
15/06/2019	AV Cross Country	9	10	38:07	15	4:35		33:32	2:27	3:49
22/06/2019	AV Ekiden Relays	12	5	19:40	16	2:25		17:15	1:00	3:56
30/06/2019	Caruana Classic Handicap	10	8	30:08	16	4:00		26:08	2:00	3:46
06/07/2019	AV Road Relays	10	6.2	22:29	16	3:05		19:24	1:01	3:38
14/07/2019	AV Road Race	16	10	36:54	16	4:50		32:04	2:35	3:41
21/07/2019	Braeside Handicap	11	10	38:27	17	5:10		33:17	2:00	3:51
03/08/2019	parkrun	19	5	40:20	17	2:35	0:00	37:45	23:25	8:04
17/08/2019	parkrun	19	5	32:15	17	2:35	0:00	29:40	14:59	6:27
14/09/2019	parkrun	18	5	21:28	17	2:35	0:00	18:53	4:34	4:18
21/09/2019	AV Relays	20	3.827	14:59	17	2:00		12:59	2:13	3:55
28/09/2019	parkrun	14	5	20:20	18	2:45	0:18	17:17	2:30	4:04
05/10/2019	Presidents Handicap	7	3	11:30	20	1:55		9:35	0:58	3:50